BBC LEARNING ENGLISH 6 Minute English The language of wine

BBC LEARNING ENGLISH

This is not a word-for-word transcript

Sam

Hello. This is 6 Minute English from BBC Learning English. I'm Sam.

Rob

And I'm Rob.

Sam

Rob, would you describe yourself as a wine **connoisseur**?

Rob

If you mean am I someone who enjoys wine and knows a lot about it, then no – although the 'enjoy' part is true – particularly a nice glass of red.

Sam

Of course, wine might not be everybody's cup of tea – not something they like – but wine has been an important part of history and language.

Rob

And even if you don't drink alcohol, wine can be used as a commodity you can invest in and sell at an auction.

Sam

And that brings me on to my quiz question, Rob. In 2018, a bottle of wine dating back to 1774 sold at auction in eastern France for a record-breaking price. Do you know how much it was sold for? Was it...

- a) \$20,800
- b) \$120,800, or
- c) \$220,800?

Rob

I know wine can fetch a high price – but not as high as some of those options, so I'll say a) \$20,800.

Sam

I'll reveal the answer later on. But let's talk more about wine now. A glass of the stuff can be sipped and savoured or just glugged.

Rob

Glug is a good word, meaning drink in large gulps or mouthfuls - not something a wine expert would do. For some people, drinking and serving wine is almost an art-form.

Sam

If you go to a restaurant, there might be a **sommelier** – a person whose job is to serve and give advice about wine. They may have had years of training to learn about the different types of wine and the individual flavours or aromas, known as **notes**.

Rob

This job has fascinated journalist and author Bianca Bosker. She wrote a book called 'Cork Dorks'.

Sam

And here she is talking on the BBC World Service programme The Why Factor describing her fascination with sommeliers...

Bianca Bosker, writer and author

These were people who had taken wine, which I always thought of as a thing of pleasure, something you turn to after a long stressful day, and turned it into something approaching **sheer** God-awful pain. They licked rocks, trained their **palates**, they divorced their spouses to spend more time reviewing flash cards - they had hired voice coaches and memory coaches, they took dance classes to learn how to move more gracefully across the dining room floor.

Sam

Like me, Bianca thought drinking wine was a pleasurable activity – something that helped her relax after a long stressful day. So she was surprised at how sommeliers turned this activity into "something approaching **sheer** God-awful pain."

Rob

The word **sheer** is used to emphasise the amount of something – or to mean 'nothing but'. She thought the work of a sommelier was nothing but pain – they seemed to dedicate their life to wine!

Sam

One thing a sommelier does is train their **palate** – this is their ability to distinguish and appreciate different tastes – and identify types of good wine from their taste. I guess this is quite important.

Rob

But divorcing their spouses does sound a bit extreme! I'm afraid I wouldn't take it so seriously - I'll stick to drinking poorer quality, cheap red wine – sometimes called **plonk**!

Sam

Well, Rob, cheap wine doesn't always have to be poor quality. Interestingly, there is some evidence that shows we only think wine tastes better because it's more expensive.

Rob

Ah yes, this is research Hilke Plassmann from INSEAD Business School in France spoke about on the BBC World Service's Why Factor programme. She's been looking into what influences consumer behaviour...

Hilke Plassmann, from INSEAD Business School in France

The price tag affects that region in your brain that **encodes** your liking of the taste, so in other words, you not only think that you like the more expensive wine more, you feel you like the more expensive wine more, because your brain region that encodes this feeling is influenced by the price tag.

Sam

So, our brain is possibly playing tricks on us. When we see the price tag on a bottle of wine, our brain **encodes** the information and tells us how it should taste. **Encodes** means changes the information into something that we can use or understand. Drinking more expensive wine makes you *think* it tastes better. So perhaps, when buying supermarket wine or wine in a restaurant, it may be better telling yourself that the cheaper option is OK!

Rob

I'll drink to that! But I wonder how that most expensive bottle of wine ever sold at auction tastes? The one dating back to 1774 that you asked me about.

Sam

So you thought it sold for \$20,800, but sorry, Rob, that's too cheap. It was in fact sold for \$120,800. I assume it wasn't drunk.

Rob

I hope not. Well, I think I'll stick to my plonk for now, Sam. **Plonk** was one of our vocabulary words today and describes cheap, poor quality wine.

Sam

We also mentioned a **connoisseur** – someone who enjoys a particular thing and knows a lot about it.

Rob

A sommelier is someone who serves and gives advice about wine in a restaurant

Sam

Sheer is a word used to emphasise the amount of something – or to mean 'nothing but'.

Rob

A **palate** describes someone's ability to distinguish and appreciate different tastes.

Sam

Finally, **encodes** means changes information into something we can use or understand. But now we're out of time so 'cheers' everyone.

Rob

Thanks for listening and goodbye.

Sam

Goodbye.

VOCABULARY

plonk

cheap, poor quality wine

connoisseur

someone who enjoys a particular thing and knows a lot about it

sommelier

someone who serves and give advice about wine in a restaurant

sheer

word used to emphasise the amount of something; nothing but

palate

describes someone's ability to distinguish and appreciate different tastes

encodes

changes information into something we can use or understand